



Compassion

A Course Designed for Coaches

Coach Academy
Canada | USA | Global





Coach Academy Continuing Education



Syllabus & Course Expectations

Learning Leader Nathalie Blais, MCC

Head of Training & Course Programming

All courses at Coach Academy are designed by Nathalie and qualify for ICF Coach Education Hours or Continuing Education Credits.

CEO & Founder

Nathalie Founded the Academy in 2016 to multiply the impact of qualified, professional coaching in the world by mentoring world-class coaches.

Harvard Graduate

Nathalie earned an MA in Liberal Arts with distinction, majoring in Behavioural Psychology from the prestigious Harvard University.



Course Details



[Book a Call With Admissions](#)

Starts in March

Day and time to be determined.

10 Continuing Coach Education (CCE) Credits

Attendance is live and 'on demand.
Attend live (virtually) or watch the recordings
at a convenient time, and earn full credit for
this course.

Course Overview



General Description

This course is designed to provide coaches with tools and strategies to lead with compassion. Compassion is the foundation for unconditional positive regard and the difference between a good and a great coach.

Prerequisites

You have a minimum of 30 hours of Coach Education, or you are currently enrolled in a Coach Certification Program, to qualify for enrolment.

Course Objectives



Connection

Learn to acknowledge others by honouring diversity. Acquire the skills that will increase your confidence and break through your unconscious bias to hold unconditional space for others.



Increase Awareness

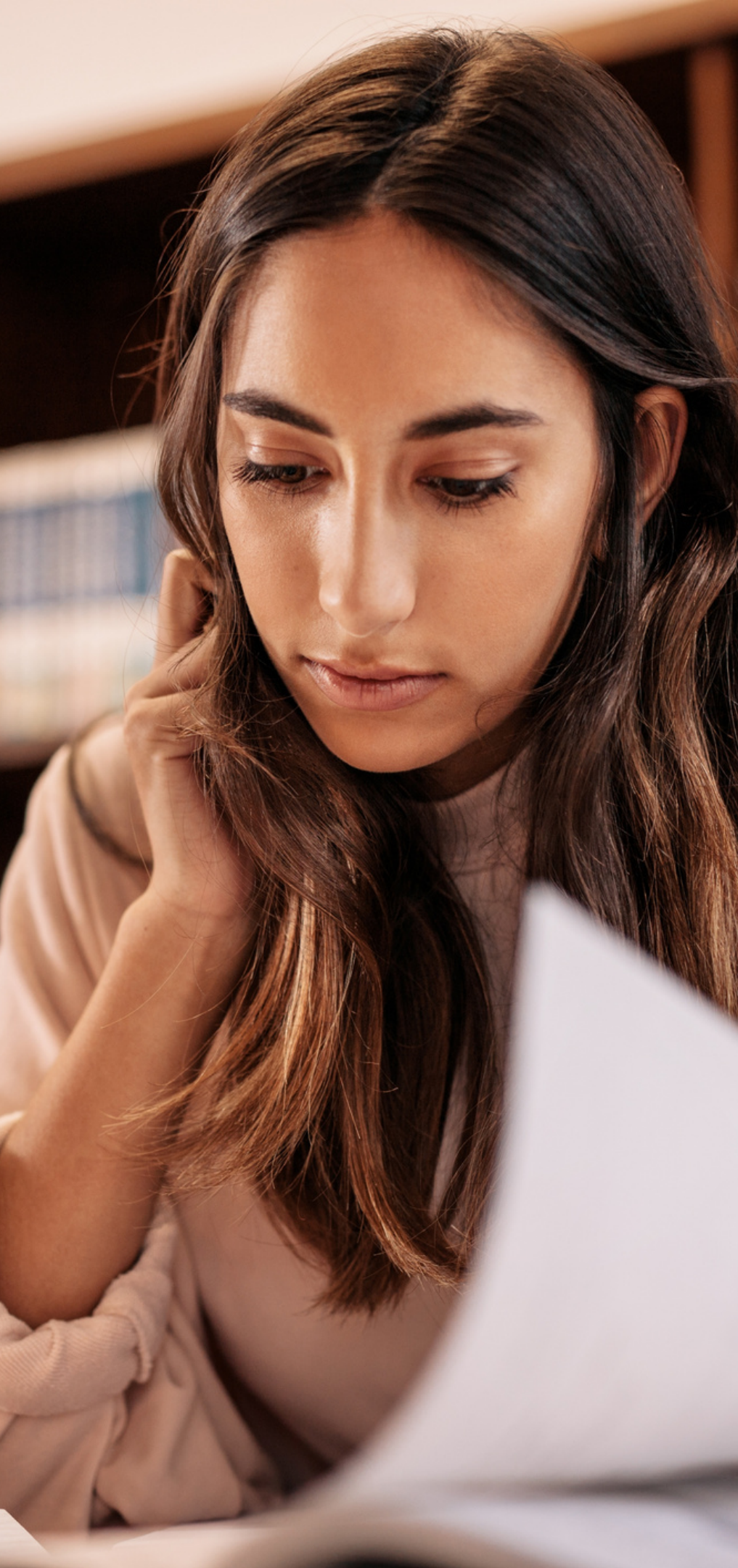
Dive into the science of compassion for others, self and the collective. Increase your self-awareness and social-awareness to lead with intention and impact .

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Support

In community, we rise. New skills are not learned in isolation. They are learned through peer discussions, practice, brainstorming and shared experience. Become a better coach by engaging in weekly activities and a thought-provoking final project.



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Course Requirements

8 weeks | 10 CCEs | Live Virtual

Weekly Reading/ Viewing/ Listening & Reflections

Emmerse yourself in a stimulating selection of readings, videos and audio materials that will leave you stunned and changed forever.

Weekly Classes & Challenges

Each week, you will be provoked to think deeply, challenge your inner dialogue, and access a more human-centred approach to coaching.

Final Project

A challenging and creative, practical opportunity to tie in all of your learning and self-reflection.

Course Policies

Format

Classes are live each week. You are invited to attend and participate in the rich virtual discussions or you can watch the recordings and post your reflections in the online classroom as you follow along asynchronously.

Success Criteria

To earn full credit, you must complete all course requirements, including participation in the asynchronous classroom discussion each week and completing all assignments.

Classroom Access

You will have access to the classroom for 3 months after the last day of the course to complete all requirements. **There will be no extension offered for completion of the course successfully beyond three months.**

Recommended Books



✓ Self Compassion
Kristin Neff

✓ Training In Compassion
Norman Fischer

✓ Start Where You Are
Pema Chödrön

✓ How To Connect
Thich Nhat Hahn

Coach Academy Continuing Education

Your Investment

Tuition for New Students

\$950

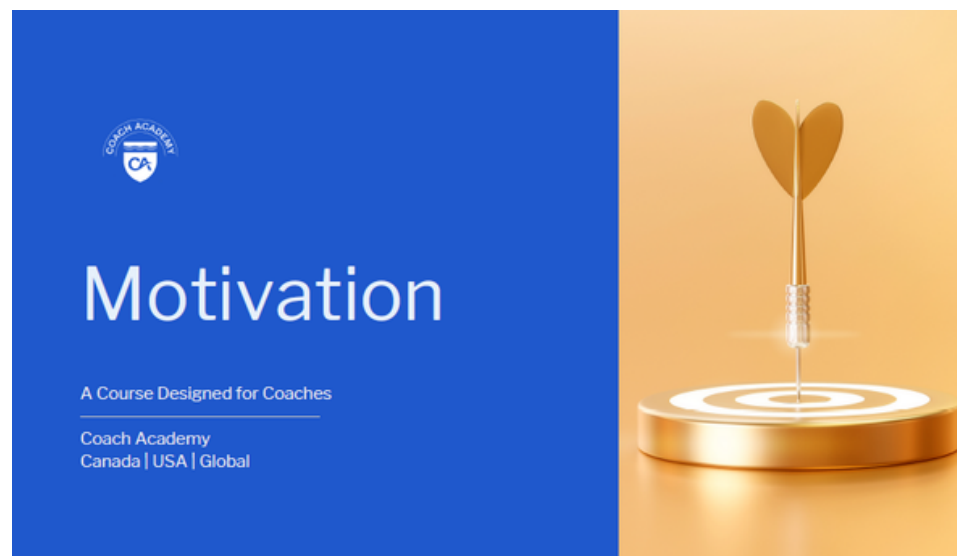
Tuition for Returning Students

\$750

Prices are subject to change.



Explore Other Programs:



Start Now. Contact Us.

Admissions Team

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