



Motivation

A Course Designed for Coaches

Coach Academy
Canada | USA | Global





Coach Academy



Syllabus & Course Expectations

Coach Academy

Learning Leader Nathalie Blais, MCC

Head of Training & Course Programming

All courses at Canada Coach Academy are designed by Nathalie and qualify as ICF Coach Education Hours, and Continuing Education Credit.

CEO & Founder

Nathalie Founded the Academy in 2016 to multiply the impact of coaching in the world by mentoring world-class coaches.

Harvard Masters Candidate

Nathalie recently graduated with a Master's in Liberal Arts with a major in Behavioral Psychology at The prestigious Harvard University.



Course Details



[Book a Call With Admissions](#)

Starting December

Day and time to be determined.

10 Continuing Coach Education (CCE) Credits

Attendance is 'on demand'; you can attend live in person or watch the recording at a convenient time and earn full credit for this course.

Course Overview



General Description

This course is designed to provide coaches with knowledge backed by research on motivation, goal success, and psychological aspects of goal achievement.

Prerequisites

You must be a coach or enrolled in a Coach Certification Program to qualify for enrolment. Speak to an Admission Coach for more details.

Course Objectives



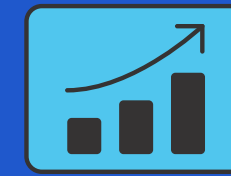
Practical

Learn how to support others to achieve desired outcomes by challenging coachees to explore all characteristics of powerful goals, what influences motivation, and how people change .



Increase Confidence

Increase your skill and confidence in supporting coachees to achieve desired outcomes by understanding key findings in motivation research, and applying those findings to your coaching strategies.



Support

Learn through peer discussions, articles, videos and audio materials. Raise your level of awareness through engaging weekly activities and a thought-provoking final project.

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Course Requirements

8 weeks | 10 CCEs | Live Virtual

Weekly Reading/ Viewing/ Listening & Reflections

Dive into a stimulating selection of readings, videos and audio materials to increase your awareness of all aspects of motivation.

Weekly Classes & Challenges

Each week you will be presented with a challenge to apply what you are learning. You will be asked to reflect on each challenge.

Final Project

A creative, practical opportunity to tie in all of your learning and self-reflection.

Course Policies

Format

Classes are live each week. You are invited to attend and participate in the rich virtual discussions or you can watch the recordings and post your reflections in the online classroom as you follow along asynchronously.

Success Criteria

To earn full credit, you must post in the classroom each week and complete all assignments.

Classroom Access

You will have access to the classroom for 3 months after the last day of the course to complete all requirements. There will be no extension offered for completion of the course successfully beyond three months.

Recommended Books



- ✓ Hidden Potential
Adam Grant
- ✓ The Happiness Advantage
Shawn Acher
- ✓ Mindset
Carol Dweck
- ✓ No Mud, No Lotus
Thich Nhat Hahn

Coach Academy

Your Investment

Tuition for New Students

\$950

Tuition for Returning Students

\$750

Prices are subject to change.



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Compassion



Grief



Business Start-Up Workshops



Start Now. Contact Us.

Admissions Team

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